

Employee Assistance Program (EAP)

GUIDANCE RESOURCES

Bridgeway offers all eligible employees an Employee Assistance Program administered through Symetra called GuidanceResources.

Services Included

- **EAP:** Five (5) telephonic counseling sessions per issue with experienced clinicians available 24/7
- **Legal Resources:** Unlimited phone access to legal professionals is included, along with a no-cost initial consultation with a local attorney. Additional discounts and services are also available.
- **Financial Resources:** Unlimited phone access to financial professionals for information regarding personal finance and related issues.
- **Work/Life Resources:** Information and referrals on child care, elder care, adoption, relocation, and other personal convenience matters.
- **GuidanceResources Online:** Access to extensive content to help with personal or family concerns, and access to helpful planning tools, discount programs, and more.
- **Health Risk Assessments:** Online access to a health risk assessment survey and a variety of health management tools and information.

Help When You Need It

GuidanceResources provides confidential support and resources whenever and wherever you need them. Whether you're looking for someone to talk to or helpful tools to navigate life's challenges, support is always within reach.

- **Call:** [888.327.9573](tel:888.327.9573)
- **Online:** guidanceresources.com
 - **Web ID:** [Symetra](#)
- **App:** [GuidanceResources Now](#)

Beneficiary Support *Empathy*

Through Symetra beneficiaries have access to additional support services through Empathy. Empathy combines emotional and grief resources with digital tools to help families navigate the loss of a loved one. These resources include:

- Personalized care plans
- Grief support resources
- A dedicated care team
- Funeral planning assistance
- Identity theft prevention
- An award-winning intuitive app

